



SAINT SOPHIE'S
PSYCHIATRIC CENTER

Into The Light: Mental Health Is Real Health
October 2, 2024

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| <i>8:00</i> | <i>Registration</i> |
| <i>8:30-9:30</i> | <i>What Do We Call It and How Do We Understand It?</i> |
| <i>9:30-10:30</i> | <i>Treatment Options in Psychiatry</i> |
| <i>10:30-10:45</i> | <i>Break</i> |
| <i>10:45-11:45</i> | <i>Right Illness, Right Medication, Wrong Dose</i> |
| <i>11:45-12:30</i> | <i>Lunch</i> |
| <i>12:30-1:30</i> | <i>ADHA: Evaluation and Treatment Throughout the Lifespan</i> |
| <i>1:30-2:30</i> | <i>The Role of Cultural Competency in Therapy Practice</i> |